

Are you a senior who needs help to remain living at home?



Supports for Daily Living may be the right program to help you

Do you or someone you care about need help several times a day with a combination of personal care like dressing, bathing and/or reminders to take your medication?

A full range of non-medical services is available in your home through scheduled visits and/or on-call urgent response anytime during the day, evening and overnight hours, 7 days a week, 365 days a year.

The Supports for Daily Living model provides multiple daily visits from trained Personal Support Workers (PSWs). A customized service plan is developed based on individual needs.

Support Services

Dressing/undressing | Hair care | Help with eating | Help with self-medication
Medication reminders | Mouth care | Preventative skin care | Toileting
Transferring/positioning | Washing/bathing | Light meal support | Range of motion exercises
Essential homemaking services as pertains to personal care



To learn more and to find out if you are eligible for services, call the Central Registry 905-281-4443 www.centralregistry.ca